

## Allergietest

**15-10-2009**

## 1) Laubbäume

[illegible]

## 2) Nadelbäume

[illegible]

### 3) Sträucher

|                                   | Allergische Reaktion | Behandelt | Kreuzallergie |
|-----------------------------------|----------------------|-----------|---------------|
| Haselnuss                         |                      |           |               |
| Korkerzieher-Hasel                |                      |           |               |
| Zaubernuss                        |                      |           |               |
| Schlehe                           |                      |           |               |
| Parrotia Persica                  |                      |           |               |
| Rote Heckenkirsche                |                      |           |               |
| Hamamelis Zaubernuss-Hybride(?)   |                      |           |               |
| Schwarze Johannisbeere            |                      |           |               |
| Rote Johannisbeere                |                      |           |               |
| Johannisbeere Zierstrauch         |                      |           |               |
| Ranunkel                          |                      |           |               |
| Berberis Thunbergii               |                      |           |               |
| Cotoneaster                       |                      |           |               |
| Flieder                           |                      |           |               |
| Flieder weiß                      |                      |           |               |
| Flieder blau                      |                      |           |               |
| Flieder violett                   |                      |           |               |
| Kirschlorbeer                     |                      |           |               |
| Glyzinie – Blauregen              |                      |           |               |
| Späte Traubenkirsche              |                      |           |               |
| Traubenkirsche                    |                      |           |               |
| Hartriegel                        |                      |           |               |
| Blutroter Hartriegel              |                      |           |               |
| Ginster                           |                      |           |               |
| Behaarter Ginster                 |                      |           |               |
| Baum-Hortensie                    |                      |           |               |
| Tamariske                         |                      |           |               |
| Weißdorn                          |                      |           |               |
| Forsythie                         |                      |           |               |
| Schwedische Mehlbeere             |                      |           |               |
| Pimpinell-Rose                    |                      |           |               |
| Fingerkraut weiß (Verkehrsinseln) |                      |           |               |
| Fingerkraut gelb (Verkehrsinseln) |                      |           |               |
| Fingerkraut gelb alpin            |                      |           |               |
| Schneebeere                       |                      |           |               |
| Oleander                          |                      |           |               |
| Brombeere                         |                      |           |               |
| Himbeere                          |                      |           |               |
| Rote Sommer-Spiere                |                      |           |               |
| Falscher Jasmin                   |                      |           |               |
| Knöterich                         |                      |           |               |
| Buddleja                          |                      |           |               |
| Rose gelb                         |                      |           |               |
| Rose rot                          |                      |           |               |
|                                   |                      |           |               |
|                                   |                      |           |               |

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|-------------------|--|--|--|
| <b>Schlehe</b>    |  |  |  |
| <b>Waldrebe</b>   |  |  |  |
| <b>Schneeball</b> |  |  |  |
| <b>Hopfen</b>     |  |  |  |

#### 4) Wiese

|                         | Allergische Reaktion | Behandelt | Kreuzallergie |
|-------------------------|----------------------|-----------|---------------|
| Spitzwegerich           |                      |           |               |
| Pimpernelle             |                      |           |               |
| Efeu-Gundermann         |                      |           |               |
| Schöllkraut             |                      |           |               |
| Huflattich              |                      |           |               |
| Löwenzahn               |                      |           |               |
| Kornblume               |                      |           |               |
| Wegerich                |                      |           |               |
| Pfaffenhütchen          |                      |           |               |
| Berg-Blatterbse         |                      |           |               |
| Roter Klee              |                      |           |               |
| Rotklee                 |                      |           |               |
| Weißer Klee             |                      |           |               |
| Weißer Lichtnelke       |                      |           |               |
| Märzenbecher            |                      |           |               |
| Knoblauchhederich       |                      |           |               |
| Süßdolde                |                      |           |               |
| Wiesenkerbel            |                      |           |               |
| Wiesenfuchsschwanz      |                      |           |               |
| Wiesenlabkraut          |                      |           |               |
| Gänseblümchen           |                      |           |               |
| Hirtentäschel           |                      |           |               |
| Kriechender Günsel      |                      |           |               |
| Butterblume             |                      |           |               |
| Weißer Taubnessel       |                      |           |               |
| Blaue Taubnessel        |                      |           |               |
| Gelbe Taubnessel        |                      |           |               |
| Raps                    |                      |           |               |
| Pfeilkresse             |                      |           |               |
| Frühlingskreuzkraut     |                      |           |               |
| Hundskerbel             |                      |           |               |
| Mohn                    |                      |           |               |
| Wiesenschaumkraut       |                      |           |               |
| Küchenschelle           |                      |           |               |
| Beinwell                |                      |           |               |
| Beinwell – Wildform     |                      |           |               |
| Brennnessel             |                      |           |               |
| Bärlauch                |                      |           |               |
| Spitzwegerich           |                      |           |               |
| Wicke                   |                      |           |               |
| Giersch                 |                      |           |               |
| Lichtnelke              |                      |           |               |
| Barbarakraut            |                      |           |               |
| Gundermann              |                      |           |               |
| Sauerampfer             |                      |           |               |
| Schmalblättriger Ampfer |                      |           |               |

|                                        |  |  |  |
|----------------------------------------|--|--|--|
| Springkraut                            |  |  |  |
| Wolfsmilch                             |  |  |  |
| Waldnelkenwurz                         |  |  |  |
| Männertreu                             |  |  |  |
| Gemeines Hornkraut                     |  |  |  |
| Margeritte Wildform                    |  |  |  |
| Wiesenkerbel                           |  |  |  |
| Gartenkerbel                           |  |  |  |
| Ackerschachtelhalm (equisetum arvense) |  |  |  |
| Lysimachia                             |  |  |  |
| Heckenkerbel                           |  |  |  |
| Gamander-Ehrenpreis                    |  |  |  |
| Rainkohl - Ackerrain                   |  |  |  |
| Pippau                                 |  |  |  |
| Kamille                                |  |  |  |
| Stumpfer Ampfer                        |  |  |  |
| Krauser Ampfer                         |  |  |  |
| Labkraut                               |  |  |  |
| Zaunrübe                               |  |  |  |
| Distel                                 |  |  |  |
| Schafgarbe                             |  |  |  |
| Beifuß (artemisia vulgaris)            |  |  |  |
| Hornklee gelb                          |  |  |  |
| Schneckenklee                          |  |  |  |
| Lerchensporn                           |  |  |  |
| Viola Ackerveilchen                    |  |  |  |
| Klatschmohn                            |  |  |  |
| Margeritte Zierform                    |  |  |  |
| Rauke - Besenrauke                     |  |  |  |
| Frauenmantel                           |  |  |  |
| Wegwarte                               |  |  |  |
| Odermenning                            |  |  |  |
| Hainsalbei                             |  |  |  |
| Kreuzkraut, raukenblättrig             |  |  |  |
| Jakobskreuzkraut                       |  |  |  |
| Kreuzkraut - Pennine                   |  |  |  |
| Gänsefuß                               |  |  |  |
|                                        |  |  |  |
| Heidekraut - Pennine                   |  |  |  |
| Moos – Hochmoor Pennine                |  |  |  |
| Moorgras ? - Pennine                   |  |  |  |
| Moorgras ? - Pennine                   |  |  |  |
| Wollgras – Pennine                     |  |  |  |
| Moorgras ? - Pennine                   |  |  |  |
|                                        |  |  |  |
| Ambrosia artemisiifolia                |  |  |  |
|                                        |  |  |  |
| Blutmeier                              |  |  |  |
| Archangelika                           |  |  |  |

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|----------------------|--|--|--|
| <b>Weidenröschen</b> |  |  |  |
|                      |  |  |  |
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|                      |  |  |  |

## 5) Gräser

|                                   | Allergische Reaktion | Behandelt | Kreuzallergie |
|-----------------------------------|----------------------|-----------|---------------|
| <b>WIESENGRÄSER</b>               |                      |           |               |
| Trespe                            |                      |           |               |
| Segge                             |                      |           |               |
| Taube Trespe                      |                      |           |               |
| Glatthafer                        |                      |           |               |
| Einjähriges Rispengras            |                      |           |               |
| Weiche Trespe                     |                      |           |               |
| Dachtrespe                        |                      |           |               |
| Wehrlose Trespe                   |                      |           |               |
| Blauschwingel                     |                      |           |               |
| Bleicher Schwingel                |                      |           |               |
| Wiesenknäuelgras                  |                      |           |               |
| Hänge-Segge (carex pendula)       |                      |           |               |
| Echte Segge                       |                      |           |               |
| Hainrispengras                    |                      |           |               |
| Weißliche Hainsimse               |                      |           |               |
| Scirpus                           |                      |           |               |
|                                   |                      |           |               |
| Mäusegerste                       |                      |           |               |
| Wiesenrispengras                  |                      |           |               |
| Knäuelgras                        |                      |           |               |
| Lolch - Weidelgras                |                      |           |               |
| Wolliges Honiggras                |                      |           |               |
| Gemeines Rispengras               |                      |           |               |
| Zittergras – Mittleres Zittergras |                      |           |               |
| Rohrglanzgras                     |                      |           |               |
| Wiesenfuchsschwanz                |                      |           |               |
| Lampenputzergras                  |                      |           |               |
| Federborstengras                  |                      |           |               |
|                                   |                      |           |               |
|                                   |                      |           |               |
|                                   |                      |           |               |
| <b>GETREIDE</b>                   |                      |           |               |
| Roggen-Blüte                      |                      |           |               |
| Gerste-Blüte                      |                      |           |               |
| Weizen-Blüte                      |                      |           |               |
| Hartweizen-Blüte                  |                      |           |               |



## 6) Garten

|                                | Allergische<br>Reaktion | Behandelt | Kreuzallergie |
|--------------------------------|-------------------------|-----------|---------------|
| <b>BLÜTEN</b>                  |                         |           |               |
|                                |                         |           |               |
| Waldmeister                    |                         |           |               |
| Vergissmeinnicht               |                         |           |               |
| Springkraut                    |                         |           |               |
| Maiglöckchen                   |                         |           |               |
| Primel                         |                         |           |               |
| Narzisse – Osterglocke         |                         |           |               |
| Traubenhyazinthe               |                         |           |               |
| Hyazinthe                      |                         |           |               |
| Tulpe                          |                         |           |               |
| Akelei                         |                         |           |               |
| Silbertaler                    |                         |           |               |
| Bärwurz                        |                         |           |               |
| Kümmel                         |                         |           |               |
| Bergkümmel                     |                         |           |               |
| Garten-Salbei                  |                         |           |               |
| Weißer Senf                    |                         |           |               |
| Gelber Senf                    |                         |           |               |
| Schnittlauch                   |                         |           |               |
| Schlangenknochen               |                         |           |               |
| Weinraute (Ruta)               |                         |           |               |
| Lavendel                       |                         |           |               |
| Koloquinthe                    |                         |           |               |
| Rauke - Besenrauke             |                         |           |               |
| Weißer Zaunrübe (Bryonia alba) |                         |           |               |
| Zaunrübe                       |                         |           |               |
| Winterheckzwiebel              |                         |           |               |
| Brunnenkresse                  |                         |           |               |
| Jungfer in Grün                |                         |           |               |
| Jasmin                         |                         |           |               |
| Clematis                       |                         |           |               |
| Clematis - Samen               |                         |           |               |
| Kreuzblättrige Wolfsmilch      |                         |           |               |
| Nachtkerze                     |                         |           |               |
| Fingerhut                      |                         |           |               |
| Muskatellersalbei              |                         |           |               |
| Hosta – Funkie                 |                         |           |               |
| Gilbweiderich – Lysimachia     |                         |           |               |
| Knöterich                      |                         |           |               |
| Lilie                          |                         |           |               |
| Lilie weiß                     |                         |           |               |
| Lilie weiß/violett             |                         |           |               |
| Iris germanica                 |                         |           |               |
| Rose (rot)                     |                         |           |               |
| Rose (gelb)                    |                         |           |               |

|                       |  |  |  |
|-----------------------|--|--|--|
| Heckenrose (Wildform) |  |  |  |
| Margeritte - Zierform |  |  |  |
| Pfingstrose           |  |  |  |
| Weißer Flieder        |  |  |  |
| Rittersporn           |  |  |  |
| Eisenhut              |  |  |  |
| Rote Schafgarbe       |  |  |  |
| Feldklee              |  |  |  |
| Bienensaug            |  |  |  |
| Calendula             |  |  |  |
| Kornblume - Zuchtform |  |  |  |
| Rote Sommerspiere     |  |  |  |
| Sonnenblume           |  |  |  |
| Lavendel              |  |  |  |
| Stockrose schwarzrot  |  |  |  |
| Stockrose rot         |  |  |  |
| Stockrose weiß        |  |  |  |
| Hainsalbei            |  |  |  |
| Goldrute              |  |  |  |
| Schnittmangold        |  |  |  |
| Saubohne              |  |  |  |
| Sonnenwende           |  |  |  |
| Rossminze             |  |  |  |
| Fenchelblüte          |  |  |  |
| Thymianblüte          |  |  |  |
| Rainfarn              |  |  |  |
| Origano               |  |  |  |
| Feinstrahl            |  |  |  |
| Bohnenkraut           |  |  |  |
| Minze                 |  |  |  |
| Kamille (echt)        |  |  |  |
| Johanniskraut         |  |  |  |
| Lysimachia            |  |  |  |
| Edelweiß              |  |  |  |
| Buddleja              |  |  |  |
| Gartenkerbel          |  |  |  |
| Aster (dunkelblau)    |  |  |  |
| Aster (hellblau)      |  |  |  |
| Coloquinte            |  |  |  |
| Fieberkraut           |  |  |  |
| Mutterwurz            |  |  |  |
| Efeu                  |  |  |  |

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|-----------------------------------|--|--|--|
|                                   |  |  |  |
| <b>FRÜCHTE - GEMÜSE</b>           |  |  |  |
|                                   |  |  |  |
| <b>Erdbeere</b>                   |  |  |  |
| <b>Erdbeere (Walderdbeere)</b>    |  |  |  |
| <b>Erdbeere gefriergetrocknet</b> |  |  |  |
| <b>Erdbeere ionisiert</b>         |  |  |  |
| <b>Sellerie</b>                   |  |  |  |
| <b>Schwarzkohl</b>                |  |  |  |
| <b>Weißkohl</b>                   |  |  |  |
| <b>Zucchini</b>                   |  |  |  |
| <b>Kohlrabi</b>                   |  |  |  |
|                                   |  |  |  |
| <b>Kiwi</b>                       |  |  |  |
| <b>Gold-Kiwi</b>                  |  |  |  |
| <b>Apfel (Topas)</b>              |  |  |  |
| <b>Paprika</b>                    |  |  |  |
| <b>Möhre – Gelbe Rübe</b>         |  |  |  |
| <b>Himbeere (ionisiert)</b>       |  |  |  |
| <b>Brombeere</b>                  |  |  |  |
| <b>Wassermelone</b>               |  |  |  |
| <b>Birne (Williamsbirne)</b>      |  |  |  |
| <b>Zitrone – Schale</b>           |  |  |  |
| <b>Grapefruit - Schale</b>        |  |  |  |
| <b>Limette - Schale</b>           |  |  |  |
| <b>Orange - Schale</b>            |  |  |  |
| <b>Wassermelone</b>               |  |  |  |
| <b>Radieschen</b>                 |  |  |  |
| <b>Champignon</b>                 |  |  |  |
| <b>Avocado (bestrahlt)</b>        |  |  |  |
| <b>Tomate (demeter)</b>           |  |  |  |
| <b>Tomate (bio-Edeka)</b>         |  |  |  |
| <b>Tomate ionisiert</b>           |  |  |  |
| <b>Granberry</b>                  |  |  |  |
| <b>Physalis - Blasenkirsche</b>   |  |  |  |
|                                   |  |  |  |
|                                   |  |  |  |

## 7) Körner - Samen

|                        | Allergische<br>Reaktion | Behandelt | Kreuzallergie |
|------------------------|-------------------------|-----------|---------------|
| Weizen                 |                         |           |               |
| Weizenkleie            |                         |           |               |
| Grünkern               |                         |           |               |
| Milchreis              |                         |           |               |
| Basmati-Vollkornreis   |                         |           |               |
| Roggen                 |                         |           |               |
| Gerste                 |                         |           |               |
| Hafer                  |                         |           |               |
| Hirse                  |                         |           |               |
| Buchweizen             |                         |           |               |
| Quinoa (weiß)          |                         |           |               |
| Sonnenblumenkerne      |                         |           |               |
| Linsen (rot)           |                         |           |               |
| Blaumohn               |                         |           |               |
| Couscous               |                         |           |               |
| Bulgur                 |                         |           |               |
| Sesam (Dinkel-Kräcker) |                         |           |               |
| Sesam ungeschält       |                         |           |               |
| Senf-Saat              |                         |           |               |
| Mais                   |                         |           |               |
| Kamut                  |                         |           |               |
| Einkorn                |                         |           |               |
| Beluga-Linsen          |                         |           |               |
| Tapioka - Maniok       |                         |           |               |
|                        |                         |           |               |
|                        |                         |           |               |

## 8) Küche

|                                      | Allergische Reaktion | Behandelt | Kreuzallergie |
|--------------------------------------|----------------------|-----------|---------------|
| <b>BACKEN</b>                        |                      |           |               |
| Trockenhefe                          |                      |           |               |
| Weinstein-Backpulver                 |                      |           |               |
| Paniermehl                           |                      |           |               |
| Buchweizenmehl alnatura              |                      |           |               |
| Weizenmehl Typ 405 ja!               |                      |           |               |
| Weizenmehl bio 1050                  |                      |           |               |
| Maisgrieß Polenta                    |                      |           |               |
| Maismehl                             |                      |           |               |
| Mondamin                             |                      |           |               |
| Kartoffelmehl                        |                      |           |               |
| Demerara-Rohrzucker                  |                      |           |               |
| Rohrzucker denree                    |                      |           |               |
| Raffinade Zucker ja!                 |                      |           |               |
| Zucker (weiß)                        |                      |           |               |
| Puder Zucker                         |                      |           |               |
| Milchzucker                          |                      |           |               |
| Ahornsirup (alnatura)                |                      |           |               |
| Agavendicksaft (alnatura)            |                      |           |               |
| Kakao express Suchard                |                      |           |               |
| Dinkelgrieß                          |                      |           |               |
| Vanillin-Zucker (Ruf) (-8)           |                      |           |               |
| Rum-Aroma (-2)                       |                      |           |               |
| Bittermandel-Aroma (+2)              |                      |           |               |
|                                      |                      |           |               |
| <b>GETRÄNKE - KAFFEE</b>             |                      |           |               |
| Milch                                |                      |           |               |
| Nescafé Espresso                     |                      |           |               |
| Bio Café Benita GEPA                 |                      |           |               |
| Cappucinopulver                      |                      |           |               |
| Espresso LavAzza                     |                      |           |               |
| Kaffee Espresso Segafredo            |                      |           |               |
| Kaffee Espresso Bio                  |                      |           |               |
| Kaffeeweißer                         |                      |           |               |
| Oatly - Hafersahne                   |                      |           |               |
|                                      |                      |           |               |
| <b>TEE</b>                           |                      |           |               |
| Englische Teemischung                |                      |           |               |
| Kamillentee                          |                      |           |               |
| Nana-Minze                           |                      |           |               |
| Johanniskraut-Tee                    |                      |           |               |
| Fenchel-Tee                          |                      |           |               |
| Earl-Grey-Tee (Meßmer)               |                      |           |               |
| Asam-Tee 2.Flush                     |                      |           |               |
| Früh- und Abendtee (salus) ionisiert |                      |           |               |
| Rooibostee alnatura ionisiert        |                      |           |               |

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|---------------------------------------------|--|--|--|
|                                             |  |  |  |
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|                                             |  |  |  |
| <b>.SAFT</b>                                |  |  |  |
| <b>Limette – Saft (demeter)</b>             |  |  |  |
| <b>Pink Grapefruit – Saft (alnatura)</b>    |  |  |  |
| <b>Sanddornsirup</b>                        |  |  |  |
| <b>Apfelsaftschorle goldfit Aldi (-2)</b>   |  |  |  |
| <b>Multisaft direkt (alnatura)</b>          |  |  |  |
| <b>Kokosmilch</b>                           |  |  |  |
| <b>Kaiserquelle Aachen</b>                  |  |  |  |
|                                             |  |  |  |
|                                             |  |  |  |
| <b>WEIN - BIER</b>                          |  |  |  |
| <b>Terres Fortes – Vin du Pay du Gard</b>   |  |  |  |
| <b>Chianti classico (Torre Borghese)</b>    |  |  |  |
| <b>Bier Glossner Neumarkter alkoholfrei</b> |  |  |  |
| <b>Burgenland-Rot (demeter) (+8)</b>        |  |  |  |
| <b>Julian Vin du pay Herault (rot)</b>      |  |  |  |
|                                             |  |  |  |
| <b>AUFSTRICH - BELAG</b>                    |  |  |  |
| <b>Nutella (-3)</b>                         |  |  |  |
| <b>Edler-Weisser</b>                        |  |  |  |
| <b>Samba(+6)</b>                            |  |  |  |
| <b>Macadamia-Nuss-Creme</b>                 |  |  |  |
| <b>Schokonuss (alnatura)</b>                |  |  |  |
| <b>Erdnuss-Mus (alnatura)</b>               |  |  |  |
| <b>Mischmus 4 Nüsse (Rapunzel)</b>          |  |  |  |
|                                             |  |  |  |
|                                             |  |  |  |
| <b>Senf</b>                                 |  |  |  |
| <b>Senf Zwergenwiese</b>                    |  |  |  |
| <b>Landjäger</b>                            |  |  |  |
| <b>Feta Tyres (Schaf+Ziege)</b>             |  |  |  |
|                                             |  |  |  |
|                                             |  |  |  |
|                                             |  |  |  |
| <b>SNACKS</b>                               |  |  |  |
| <b>Pringles Chips Pfeffer</b>               |  |  |  |
| <b>Tortilla – Taco</b>                      |  |  |  |
| <b>Trafo – Biochips</b>                     |  |  |  |
| <b>Bio Tortillas</b>                        |  |  |  |
| <b>Nougat de Montélimar</b>                 |  |  |  |
| <b>Haribo-Brixx</b>                         |  |  |  |
| <b>Ingwer, kandiert</b>                     |  |  |  |
| <b>Kartoffelchips (Pfanni)</b>              |  |  |  |
| <b>Madeleines coquilles</b>                 |  |  |  |
| <b>Cashew-Kerne</b>                         |  |  |  |
| <b>Olive schwarz, getrocknet, Bio (+8)</b>  |  |  |  |

|                                                 |  |  |  |
|-------------------------------------------------|--|--|--|
| Olive schwarz, in Öl, offene Ware               |  |  |  |
| Olive grün, in Öl, offene Ware                  |  |  |  |
| Olive schwarz, in Öl, Bio, (+2, ionisiert)      |  |  |  |
| Olive grün, Mandel, in Öl, Bio, (+0, ionisiert) |  |  |  |
| Fruchtbären ohne Gelatine                       |  |  |  |
|                                                 |  |  |  |
| KOCHEN - BASIS                                  |  |  |  |
| Mung-Bohnen (Soya)                              |  |  |  |
| Kartoffel                                       |  |  |  |
| Zucchini                                        |  |  |  |
| Penne - Hartweizen                              |  |  |  |
| Spaghetti - Hartweizen                          |  |  |  |
| Champignon                                      |  |  |  |
| Joghurt (demeter Söbecke)                       |  |  |  |
| Eiweiß (Huhn)                                   |  |  |  |
| Eigelb (Huhn)                                   |  |  |  |
|                                                 |  |  |  |
| Shrimp - Garnele                                |  |  |  |
| Thunfisch                                       |  |  |  |
| Thunfisch-Hundekeks                             |  |  |  |
|                                                 |  |  |  |
|                                                 |  |  |  |
| GEWÜRZE                                         |  |  |  |
|                                                 |  |  |  |
| Jodiertes Salz + Fluor                          |  |  |  |
| China-Mischung                                  |  |  |  |
| Arabische Würzmischung                          |  |  |  |
| Pfeffer schwarz                                 |  |  |  |
| Bunter Pfeffer                                  |  |  |  |
| Chillies                                        |  |  |  |
| Curry                                           |  |  |  |
| Herbes de Provence                              |  |  |  |
| Anis                                            |  |  |  |
| Bockshornklee                                   |  |  |  |
| Nelken                                          |  |  |  |
| Zimt                                            |  |  |  |
| Bourbon-Vanille                                 |  |  |  |
| Ingwer                                          |  |  |  |
| Safran                                          |  |  |  |
| Koriander                                       |  |  |  |
| Muskatblüte (Macis)                             |  |  |  |
| Salatkräuter                                    |  |  |  |
| Thymian                                         |  |  |  |
| Kümmel                                          |  |  |  |
| Kreuzkümmel                                     |  |  |  |
| Würl                                            |  |  |  |
|                                                 |  |  |  |
| Oregano                                         |  |  |  |
| Basilikum                                       |  |  |  |

|                              |  |  |  |
|------------------------------|--|--|--|
| Beifuß                       |  |  |  |
| Bohnenkraut                  |  |  |  |
| Cayennepfeffer               |  |  |  |
| Schabziger Klee              |  |  |  |
| Kardamon                     |  |  |  |
| Paprika süß                  |  |  |  |
| Paprika scharf               |  |  |  |
| Zitronenmelisse              |  |  |  |
| Süßholz                      |  |  |  |
| Liebstöckel                  |  |  |  |
| Muskatnuss                   |  |  |  |
| Sellerie                     |  |  |  |
| Piment                       |  |  |  |
| Estragon                     |  |  |  |
| Ysop                         |  |  |  |
| Schnittlauch                 |  |  |  |
| Rosmarin                     |  |  |  |
| Senf                         |  |  |  |
| Lorbeer                      |  |  |  |
| Hefeflocken                  |  |  |  |
| Majoran                      |  |  |  |
| Dill                         |  |  |  |
| Salbei                       |  |  |  |
| Fenchel                      |  |  |  |
| Kamillenblüte (bio)          |  |  |  |
| Klare Suppe ohne Hefe        |  |  |  |
| Frugola neuform              |  |  |  |
|                              |  |  |  |
| Anissamen (Dubai)            |  |  |  |
| Coriander (Dubai)            |  |  |  |
| Cadamon (Dubai)              |  |  |  |
| Cinamon – Zimt (Dubai)       |  |  |  |
| Cloves – Nelken (Dubai)      |  |  |  |
| Black Pepper (Dubai)         |  |  |  |
| Dry Lemon (Dubai)            |  |  |  |
| Ginger – Ingwer (Dubai)      |  |  |  |
| Chillies (Dubai)             |  |  |  |
| Cumin – Kreuzkümmel (Dubai)  |  |  |  |
| Nut Meg – Muskatnuss (Dubai) |  |  |  |
| Turmeric -Curcuma (Dubai)    |  |  |  |
|                              |  |  |  |
|                              |  |  |  |
| ZUCKER                       |  |  |  |
| D+ Ribose                    |  |  |  |
| D- Mannose                   |  |  |  |
| D+ Galaktose                 |  |  |  |
| D- Glucose (Dextrose)        |  |  |  |
| Fruktose                     |  |  |  |
| Laktose                      |  |  |  |



|                                       |  |  |  |
|---------------------------------------|--|--|--|
| <b>Laktase (Enzym) + Dextrose</b>     |  |  |  |
| <b>Saccharose Demerara-Rohrzucker</b> |  |  |  |
| <b>Maltose – Reisbasis</b>            |  |  |  |
| <b>Maltose - Gerstenmalz demeter</b>  |  |  |  |
|                                       |  |  |  |
|                                       |  |  |  |
|                                       |  |  |  |

## 9) Öle

|                         | Allergische<br>Reaktion | Behandelt | Kreuzallergie |
|-------------------------|-------------------------|-----------|---------------|
| Olivenöl                |                         |           |               |
| Sonnenblumenöl          |                         |           |               |
| Rapsöl                  |                         |           |               |
| Distelöl                |                         |           |               |
| Leinöl                  |                         |           |               |
| Mandelöl                |                         |           |               |
| Avocadoöl               |                         |           |               |
| Traubenkernöl           |                         |           |               |
| Jojobaöl                |                         |           |               |
| Nachtkerzenöl           |                         |           |               |
| Arganöl                 |                         |           |               |
| Sojaöl                  |                         |           |               |
| Aprikosenkernöl         |                         |           |               |
| Weizenkeimöl            |                         |           |               |
| Arganöl                 |                         |           |               |
| Haselnussöl             |                         |           |               |
| Erdnussöl               |                         |           |               |
| Walnussöl               |                         |           |               |
| Mandelöl                |                         |           |               |
| Sesamöl                 |                         |           |               |
| Kürbiskernöl            |                         |           |               |
| Traubenkernöl           |                         |           |               |
| Palmöl                  |                         |           |               |
|                         |                         |           |               |
|                         |                         |           |               |
|                         |                         |           |               |
|                         |                         |           |               |
|                         |                         |           |               |
| Macadamianuss           |                         |           |               |
|                         |                         |           |               |
|                         |                         |           |               |
| Wildrosenöl             |                         |           |               |
| Wildrosenkernöl         |                         |           |               |
| Aloe-Vera-Öl            |                         |           |               |
| Minzöl – Japan          |                         |           |               |
| Lavendelöl              |                         |           |               |
| Rosmarinöl              |                         |           |               |
| Melissenöl              |                         |           |               |
| Nelkenöl                |                         |           |               |
| Teebaumöl               |                         |           |               |
| Johanniskrautöl         |                         |           |               |
| Eukalyptusöl            |                         |           |               |
|                         |                         |           |               |
| Torföl Archangelika     |                         |           |               |
| Arnika Massageöl Weleda |                         |           |               |

## 10) Kosmetika

|                                                  | Allergische Reaktion | Behandelt | Kreuzallergie |
|--------------------------------------------------|----------------------|-----------|---------------|
| <b>BASISPRODUKTE</b>                             |                      |           |               |
| Paraben-K                                        |                      |           |               |
| D-Pantheol                                       |                      |           |               |
| Antiranz                                         |                      |           |               |
| Heliozimt                                        |                      |           |               |
| Lanolin (+8)                                     |                      |           |               |
| Kakaobutter (+8)                                 |                      |           |               |
| Emulgator (+3)                                   |                      |           |               |
| Walratersatz (+2)                                |                      |           |               |
| Cetylalkohol (+2)                                |                      |           |               |
| Kokosöl (+8)                                     |                      |           |               |
| Bienenwachs (+8)                                 |                      |           |               |
| Wollwachsalkohol (+8)                            |                      |           |               |
| Lamecreme (+5)                                   |                      |           |               |
| Sheabutter (+8)                                  |                      |           |               |
| Sojalecithin                                     |                      |           |               |
| Fluidlecithin                                    |                      |           |               |
| Glycerin                                         |                      |           |               |
| Kieselsäure Gel                                  |                      |           |               |
| Geraniumöl - Geraniol                            |                      |           |               |
|                                                  |                      |           |               |
| <b>FERTIGPRODUKTE</b>                            |                      |           |               |
| Seidenpuder (Dr. Hauschka)                       |                      |           |               |
|                                                  |                      |           |               |
| Aprikose-Sanddorn-Shampoo (Dr. Hauschka)         |                      |           |               |
| Thermal Shampoo (Speick)                         |                      |           |               |
| Duschgel Waldbeere Basilikum (Alverde) (+2)      |                      |           |               |
| Handseife Speick (+8)                            |                      |           |               |
| Flüssigseife Zitronengras Limette (Alverde) (+4) |                      |           |               |
| Shampoo Guhl                                     |                      |           |               |
|                                                  |                      |           |               |
| Gesichtscreme Quitte (Dr. Hauschka) (+8)         |                      |           |               |
| Handcreme (Dr. Hauschka) (+8)                    |                      |           |               |
| Schutzcreme Atrix Soft (-2)                      |                      |           |               |
| Melkfett + Ringelblume                           |                      |           |               |
| Nivea Soft Feuchtigkeitscreme                    |                      |           |               |
|                                                  |                      |           |               |
| Lipgloss (Alverde) (+2)                          |                      |           |               |
|                                                  |                      |           |               |
| Infinite Bronze                                  |                      |           |               |
| Wimperntusche (Alverde)                          |                      |           |               |
| Rouge pz Kosmetik                                |                      |           |               |
| Eyelinier Beauty inside p2                       |                      |           |               |
| Transparent makeup (Alverde)                     |                      |           |               |
| Eye shimmer (essence)                            |                      |           |               |

|                                          |  |  |  |
|------------------------------------------|--|--|--|
| <b>Abdeckstift (essence)</b>             |  |  |  |
| <b>Duolidschatten 26green hell</b>       |  |  |  |
| <b>Duolidschatten 26green dunkel</b>     |  |  |  |
|                                          |  |  |  |
|                                          |  |  |  |
|                                          |  |  |  |
| <b>Tschamba-Fii</b>                      |  |  |  |
|                                          |  |  |  |
| <b>Moor-Lavendel-Körperöl (Hauschka)</b> |  |  |  |
|                                          |  |  |  |
| <b>WalaVita-Mundwasser</b>               |  |  |  |

## 11)Textilfasern

|                                  | Allergische<br>Reaktion | Behandelt | Kreuzallergie |
|----------------------------------|-------------------------|-----------|---------------|
| <b>Australwolle Crossbread</b>   |                         |           |               |
| <b>Texelwolle</b>                |                         |           |               |
| <b>Kräuselwolle</b>              |                         |           |               |
| <b>Tibetwolle</b>                |                         |           |               |
| <b>Fettwolle mit Lanolin</b>     |                         |           |               |
| <b>Merino</b>                    |                         |           |               |
| <b>Schafwolle (Freiland)</b>     |                         |           |               |
| <b>Krarakulschaf (Persianer)</b> |                         |           |               |
| <b>Islandwolle schwarz</b>       |                         |           |               |
| <b>Islandwolle dunkelgrau</b>    |                         |           |               |
| <b>Islandwolle hellgrau</b>      |                         |           |               |
| <b>Islandwolle braun</b>         |                         |           |               |
| <b>Wollfließ grau</b>            |                         |           |               |
|                                  |                         |           |               |
| <b>Angora-Kanin</b>              |                         |           |               |
| <b>Alpaka schwarz</b>            |                         |           |               |
| <b>Alpaka grau</b>               |                         |           |               |
| <b>Alpaka hellbraun</b>          |                         |           |               |
| <b>Alpaka dunkelbraun</b>        |                         |           |               |
| <b>Kamel</b>                     |                         |           |               |
| <b>Yak</b>                       |                         |           |               |
| <b>Cashmere</b>                  |                         |           |               |
| <b>Mohair-Ziege</b>              |                         |           |               |
|                                  |                         |           |               |
| <b>Baumwolle</b>                 |                         |           |               |
| <b>Flachs</b>                    |                         |           |               |
| <b>Ramie</b>                     |                         |           |               |
| <b>Kokos</b>                     |                         |           |               |
| <b>Sisal</b>                     |                         |           |               |
| <b>Luffa</b>                     |                         |           |               |
| <b>Hanf</b>                      |                         |           |               |
| <b>Kapok</b>                     |                         |           |               |
| <b>Kapok fibre</b>               |                         |           |               |
| <b>Bambus Stapelfaser</b>        |                         |           |               |
| <b>Maulbeer-Seide</b>            |                         |           |               |
| <b>Bourette-Seide</b>            |                         |           |               |
| <b>Tussah-Seide</b>              |                         |           |               |
|                                  |                         |           |               |
| <b>Pferd</b>                     |                         |           |               |
| <b>Hauskatze</b>                 |                         |           |               |
| <b>Hund</b>                      |                         |           |               |
| <b>Daune – Graureiher</b>        |                         |           |               |
| <b>Maus (Barthaar)</b>           |                         |           |               |
| <b>Wanderratte</b>               |                         |           |               |
| <b>Horn (Fingernagel)</b>        |                         |           |               |

## 12) Kunstfasern - Kunststoffe

[illegible]

### 13) Chemische Substanzen

|                                          | Allergische Reaktion | Behandelt | Kreuzallergie |
|------------------------------------------|----------------------|-----------|---------------|
| <b>PESTIZIDE</b>                         |                      |           |               |
| Neemöl + Isopropanol                     |                      |           |               |
| Pyrethrum                                |                      |           |               |
| Roundup                                  |                      |           |               |
| Apfelsaftschorle freeway (Roundup-affin) |                      |           |               |
| Parathion – E605                         |                      |           |               |
|                                          |                      |           |               |
|                                          |                      |           |               |
| <b>REINIGER</b>                          |                      |           |               |
| Benzin                                   |                      |           |               |
| Brennspiritus                            |                      |           |               |
| Terpentinersatz (mit Testbenzin)         |                      |           |               |
| Balsamterpentin                          |                      |           |               |
|                                          |                      |           |               |
|                                          |                      |           |               |
| <b>SPÜLMITTEL</b>                        |                      |           |               |
| Spülmittel tempo Aldi                    |                      |           |               |
| Alio complete Geschirrspüler             |                      |           |               |
| Glasreiniger Zekol citrusfresh           |                      |           |               |
| Sodasan Orangenreiniger                  |                      |           |               |
|                                          |                      |           |               |
|                                          |                      |           |               |
| <b>. MEDIKAMENTE etc.</b>                |                      |           |               |
| ALDI - Gelenkkapsel                      |                      |           |               |
| Magnesium-Brausetablette                 |                      |           |               |
| Colostrum                                |                      |           |               |
|                                          |                      |           |               |
| Ascorbinsäure – Vitamin C                |                      |           |               |
| Booster-C                                |                      |           |               |
| Unicity-BiosLife                         |                      |           |               |
| Unicity Gemüsepulver                     |                      |           |               |
| Unicity Fruchtpulver                     |                      |           |               |
|                                          |                      |           |               |
| Grapefruit-Öl                            |                      |           |               |
| Kolloid-Silber                           |                      |           |               |
| Blütenpollen                             |                      |           |               |
| Padma 28                                 |                      |           |               |
| Euphrasia WALA                           |                      |           |               |
| Equisetum viscum WALA                    |                      |           |               |
| Levico                                   |                      |           |               |
| Ginkobil-N ratiopharm                    |                      |           |               |
| Mercuchrom Povidon-Jod                   |                      |           |               |
|                                          |                      |           |               |
| ASS 500 ratiopharm                       |                      |           |               |
| Paracetamol 500 ratiopharm               |                      |           |               |
| Ibuprofen1000 ?                          |                      |           |               |

|                                         |  |  |  |
|-----------------------------------------|--|--|--|
|                                         |  |  |  |
|                                         |  |  |  |
| <b>ZYTOSTATICA, CORTISON etc.</b>       |  |  |  |
| <b>Paclitaxel + NaCl isoton</b>         |  |  |  |
| <b>Caelix Doxorubicin-Hydrochlorid</b>  |  |  |  |
| <b>Xeloda 500- Capecitabin (Roche)</b>  |  |  |  |
| <b>Tamoxifen 20</b>                     |  |  |  |
|                                         |  |  |  |
| <b>Cortison Dexagalen + NaCl isoton</b> |  |  |  |
|                                         |  |  |  |
| <b>Monuril – Fosfomycin-Trometamel</b>  |  |  |  |
|                                         |  |  |  |
| <b>Betablocker ConCor 375</b>           |  |  |  |
|                                         |  |  |  |
| <b>Lamuna 20 Ovulationshemmer Hexal</b> |  |  |  |



#### 14) Baustoffe

|                                                       | Allergische Reaktion | Behandelt | Kreuzallergie |
|-------------------------------------------------------|----------------------|-----------|---------------|
|                                                       |                      |           |               |
| <b>Nigrin – Füllspachtel (Polyesterbasis)</b>         |                      |           |               |
| <b>Dibenzoylperoxid (Härter)</b>                      |                      |           |               |
| <b>Compakta-Baudispersion (Styrol-Butadien-Latex)</b> |                      |           |               |
| <b>Genius Wandspachtel</b>                            |                      |           |               |
| <b>AURO Wandspachtel</b>                              |                      |           |               |
|                                                       |                      |           |               |
|                                                       |                      |           |               |
| <b>Glaswolle A</b>                                    |                      |           |               |
| <b>Glaswolle B</b>                                    |                      |           |               |
| <b>Styropor</b>                                       |                      |           |               |
| <b>Polystyrol-Welldach</b>                            |                      |           |               |
| <b>Glasfaser-Bitumenschindel</b>                      |                      |           |               |

#### 15) Kleber - Farben

|                               |  |  |  |
|-------------------------------|--|--|--|
| <b>Cementit-Weißleim</b>      |  |  |  |
| <b>Cementit-Alleskleber</b>   |  |  |  |
| <b>Korkkleber</b>             |  |  |  |
| <b>Teppichkleber (alt)</b>    |  |  |  |
| <b>Teppichboden (alt)</b>     |  |  |  |
|                               |  |  |  |
| <b>Kaseinfarbe Holzweg</b>    |  |  |  |
| <b>Kalkkaseinfarbe Aglaia</b> |  |  |  |
|                               |  |  |  |

#### 16) Stäube

|                              |  |  |  |
|------------------------------|--|--|--|
|                              |  |  |  |
| <b>Faserasbest</b>           |  |  |  |
| <b>Kohlestaub</b>            |  |  |  |
| <b>Hausstaub</b>             |  |  |  |
| <b>Bettenstaub</b>           |  |  |  |
| <b>Bettenstaub + Milben</b>  |  |  |  |
| <b>Schulstaub (Physik)</b>   |  |  |  |
| <b>Staub mit Quecksilber</b> |  |  |  |
|                              |  |  |  |

### 17) Parasiten, Schimmel

|                              | Allergische Reaktion | Behandelt | Kreuzallergie |
|------------------------------|----------------------|-----------|---------------|
|                              |                      |           |               |
| Zecken ohne Borrelien        |                      |           |               |
| Zecken mit Borrelien         |                      |           |               |
| Schildläuse                  |                      |           |               |
|                              |                      |           |               |
| Schimmel (auf Tomate - grau) |                      |           |               |
| Schimmel (auf Gurke – weiß)  |                      |           |               |
| Malvenrost                   |                      |           |               |
| Madagaskarpalme              |                      |           |               |
| Schimmel auf Klee            |                      |           |               |
| Schimmel auf Beinwell        |                      |           |               |
|                              |                      |           |               |
|                              |                      |           |               |
| Schimmelpilz 1               |                      |           |               |
| Schimmelpilz 2               |                      |           |               |
|                              |                      |           |               |
|                              |                      |           |               |
|                              |                      |           |               |
|                              |                      |           |               |
|                              |                      |           |               |
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|                              |                      |           |               |
|                              |                      |           |               |
|                              |                      |           |               |

### 18 Nosoden

|                              |  |  |  |
|------------------------------|--|--|--|
| Haut mit Basaliom            |  |  |  |
| Hornhaut + Pilz              |  |  |  |
|                              |  |  |  |
| Lidfett                      |  |  |  |
|                              |  |  |  |
| Zigarette mit Papier (Petra) |  |  |  |
|                              |  |  |  |
| Quecksilber metallisch rein  |  |  |  |
| Zink metallisch rein         |  |  |  |
|                              |  |  |  |
|                              |  |  |  |
|                              |  |  |  |